

Final Results of the Valentines-I Trial

Prof. P.R. Stella, MD, PhD - University Medical Center Utrecht, NL
On behalf of all the Valentines-I trial investigators



Potential conflicts of interest

Speaker's name: P.R. Stella, MD, PhD

X I have the following potential conflicts of interest to report:

Member Scientific Advisory Board Eurocor GmbH

Background

- **The treatment of in-stent restenosis (ISR) following BMS or DES implantation is challenging.**
- **With the use of vascular brachytherapy or DES for ISR, the re-stenosis rates still range from 10-20% at 12 months (and increase risk of ST and prolong DAPT)**
- **Currently double or triple layers of metal (“double burger”)**
- **As an alternative, drug-eluting balloons (DEB) have emerged as a treatment option of ISR in BMS and DES (-small numbers).**

Study Objective:

To assess the efficacy of the paclitaxel-eluting balloon Dior®-II for ISR following BMS *and* DES implantation at 6-9 months.

Clinical Outcomes (MACE):

- any death
- any myocardial infarction
- target vessel revascularization
- *And*: stent thrombosis and TLR



Methods:

- **Multi-center, international registry study**
- **“Snapshot enrollment” during 9 days (starting Valentine’s day, i.e. 14th - 23rd of Feb. 2010 - CRT)**
- **Goal: of up to 300 patients to be recruited in over 100 centers**
- **PCI for treatment of ISR in native vessels with the DIOR[®]-II DEB**
- **Bailout stenting was allowed**
- **Follow-up for 6-9 months**
- **Online-CRF, data management and statistical analysis was performed by MEDSTAR**



Inclusion Criteria:

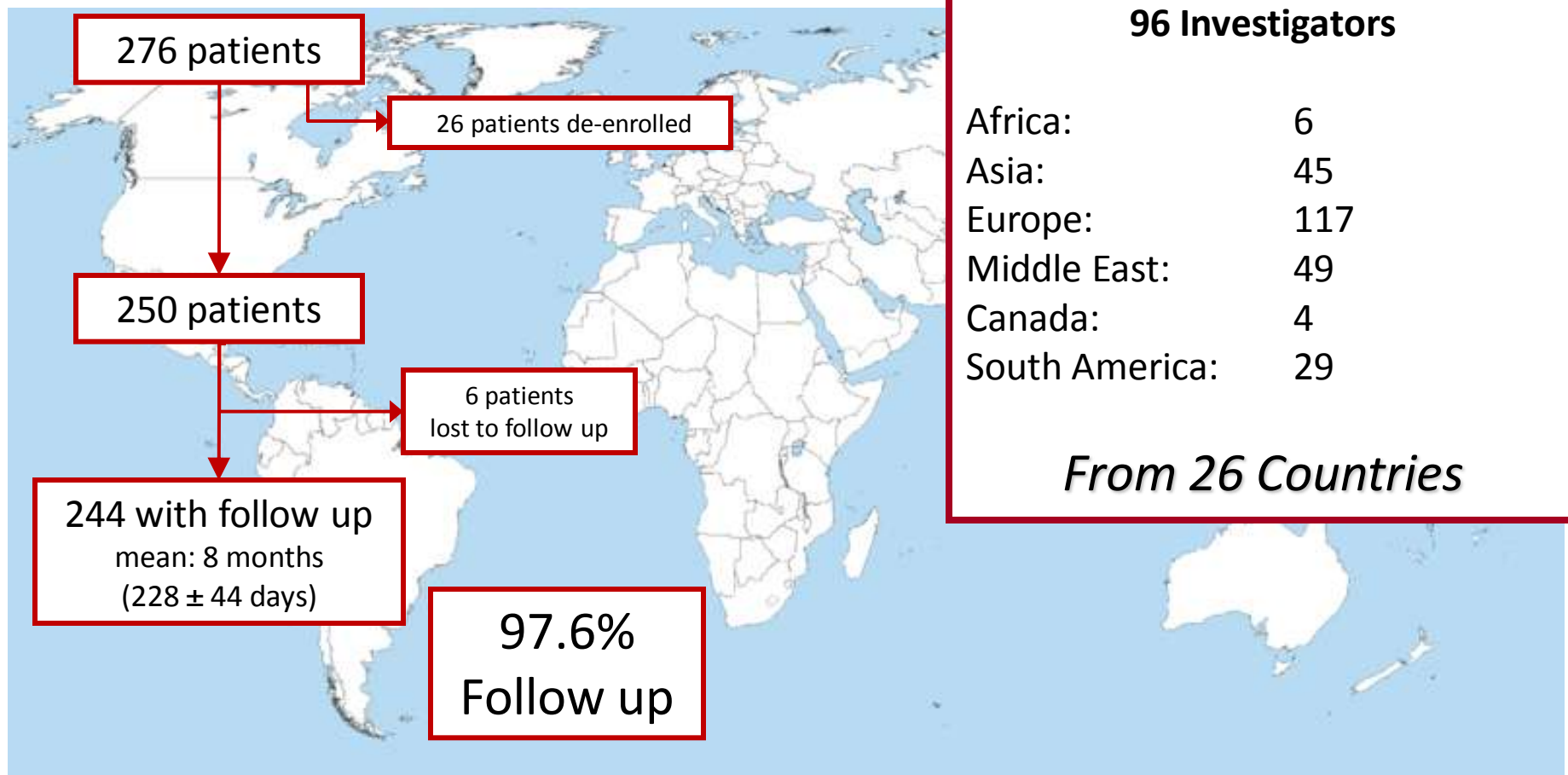
- ✓ **Patients over the age of 18 year**
- ✓ **Stable or unstable angina, and/or clinical evidence of ischemia**
- ✓ **Planned PCI for ISR**
- ✓ **Target lesion in a native vessel**
- ✓ **Target lesion stenosis is $\geq 50\%$**
- ✓ **Up to two lesions per patient**

Exclusion Criteria:

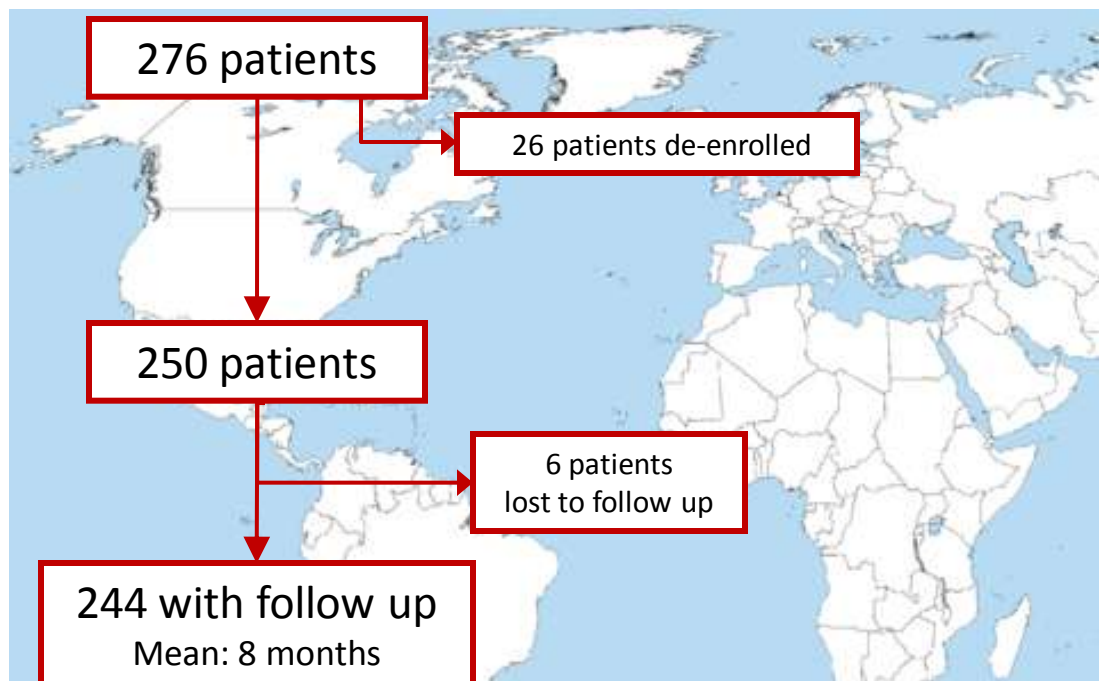
- **Acute MI within last 48 hours**
- **Co-morbid illness likely to limit life expectancy to less than 12 months**
- **Lesion requiring an a priori additional stenting**
- **Previous therapeutic brachytherapy to target vessel**
- **Unable to take dual antiplatelet therapy for at least 3 months**



Enrollment:



Enrollment:



96 Investigators

Africa:	6
Asia:	45
Europe:	117
Middle East:	49
Canada:	4
South America:	29

From 26 Countries

**56.0% on-site Clinical Monitoring
(including the angiograms !)**

Baseline Demographics

n = 250 patients

Male	77.2%
Age (years)	61.7 ± 10.1 yrs
Previous MI	46.4%
Previous CABG	9.6%
Diabetes Mellitus	31.6%
Insulin Dependent Diabetes Mellitus	6.4%
Smoking (any)	23.2%
Smoking (active)	8.0%
Hyperlipidemia	60.4%
Hypertension	80.4%
Renal Insufficiency	7.2%
Dialysis	0.4%
Peripheral Vascular Disease	2.0%

Baseline Demographics

n = 250 patients



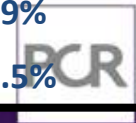
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Baseline ISR Lesion Characteristics

n = 265 lesions
n = 250 patients

Number of lesions per patient	1.1 ± 0.3
Pre Diameter Stenosis (visual estimate)	81 ± 14 %
RCA	25.3%
LAD	50.2%
LCx	24.5%
Lesion Location	
Ostial	3.8%
Proximal	41.7%
Mid	40.2%
Bifurcation	2.3%
Pattern of Restenosis	
Focal	21.1%
10 to 20 mm	21.9%
Diffuse	40.6%
Proliferative	3.9%
Occlusive or Multi-focal	12.5%





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DEB Procedure Details

N=265 lesions

Balloons per lesion	1.1 ± 0.3
Balloon Diameter (mm)	3.0 ± 0.4
Balloon Covered Length (mm)	24 ± 9.1
Number of inflations	1.6 ± 0.9
Maximum Inflation Pressure (atm)	12.7 ± 3.7
Total Balloon Inflation time (seconds)	66.7 ± 38.8
Device related complications	0.8%

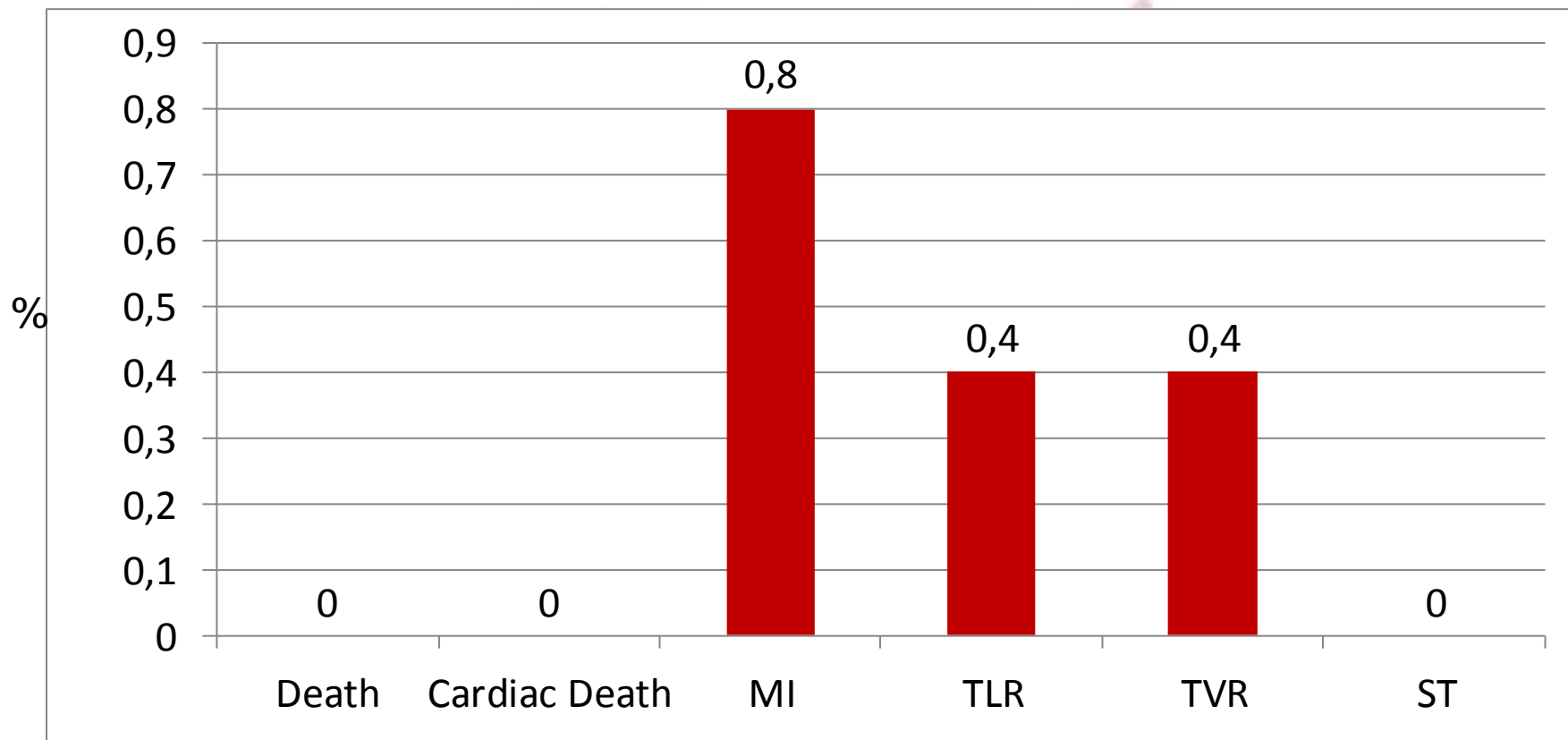
Post DEB Treatment

N=265 lesions

Stent Implantation	4.9%
Plain Old Balloon	3.4%
IVUS	7.7%
Angiographic Success	96.6%
Intra-procedural Thrombus	0%
Dissection	3.1%
Abrupt Closure	0.4%
No Reflow	1.2%
TIMI Flow	
III	98.1%
II	1.9%
I	0%
0	0%

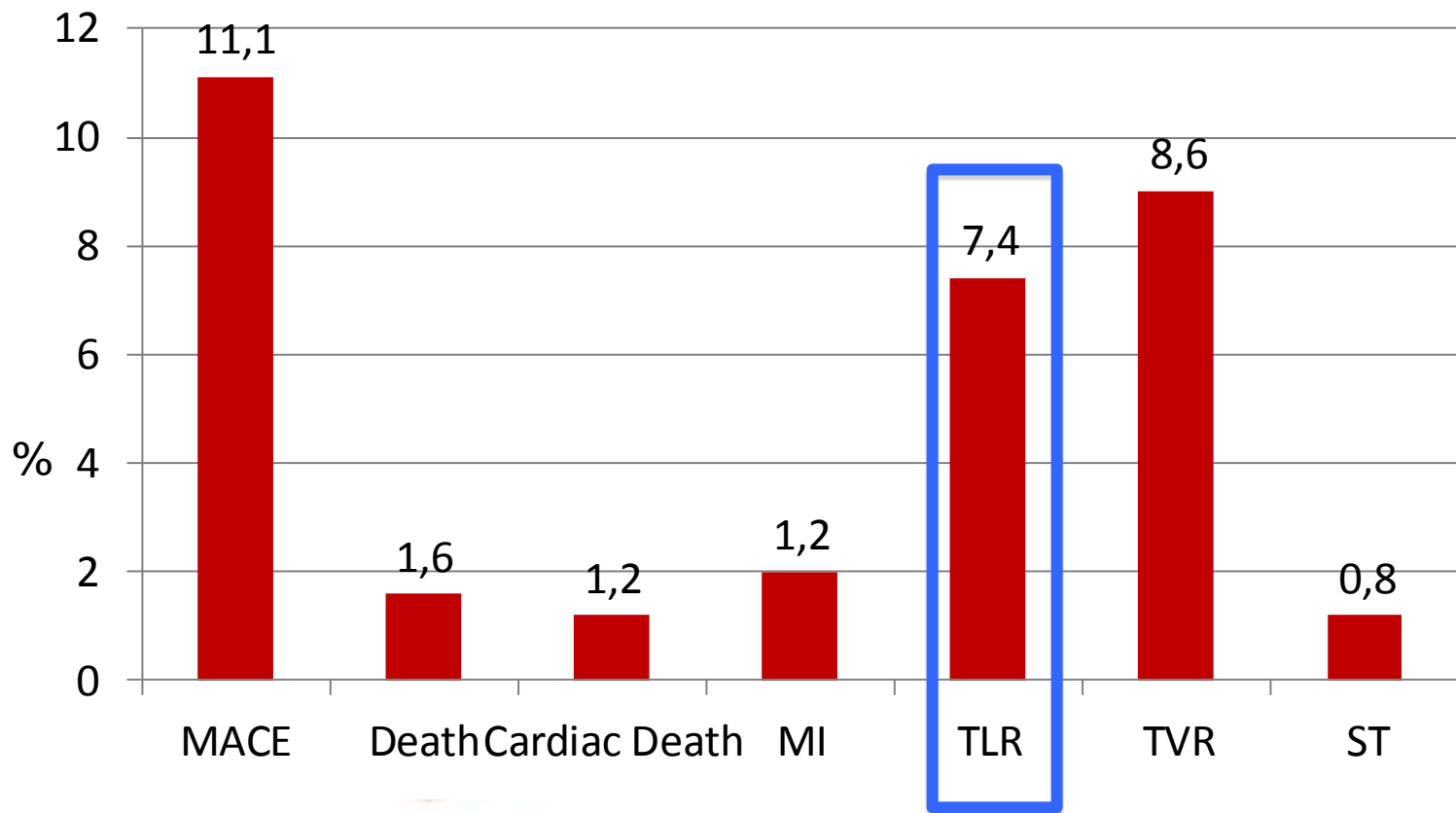


Results: In Hospital



Results:

Between Discharge and Follow-up (8 Months)





BMS vs. DES



BMS vs. DES: Baseline Demographics

	BMS N=157 patients	DES N=83 patients	p
Male	75.8%	78.3%	0.66
Age (years)	61.3 ± 10.1	62.7 ± 10.3	0.29
Previous MI	53.5%	32.5%	0.002
Previous CABG	7.0%	14.5%	0.06
Diabetes Mellitus	28.0%	39.8%	0.06
Insulin Dependent Diabetes Mellitus	6.4%	6.0%	0.92
Smoking (any)	26.8%	14.5%	0.03
Smoking (active)	9.6%	4.8%	0.2
Hyperlipidemia	59.9%	60.2%	0.96
Hypertension	79.6%	79.5%	0.99
Renal Insufficiency	7.6%	6.0%	0.64



BMS vs. DES:

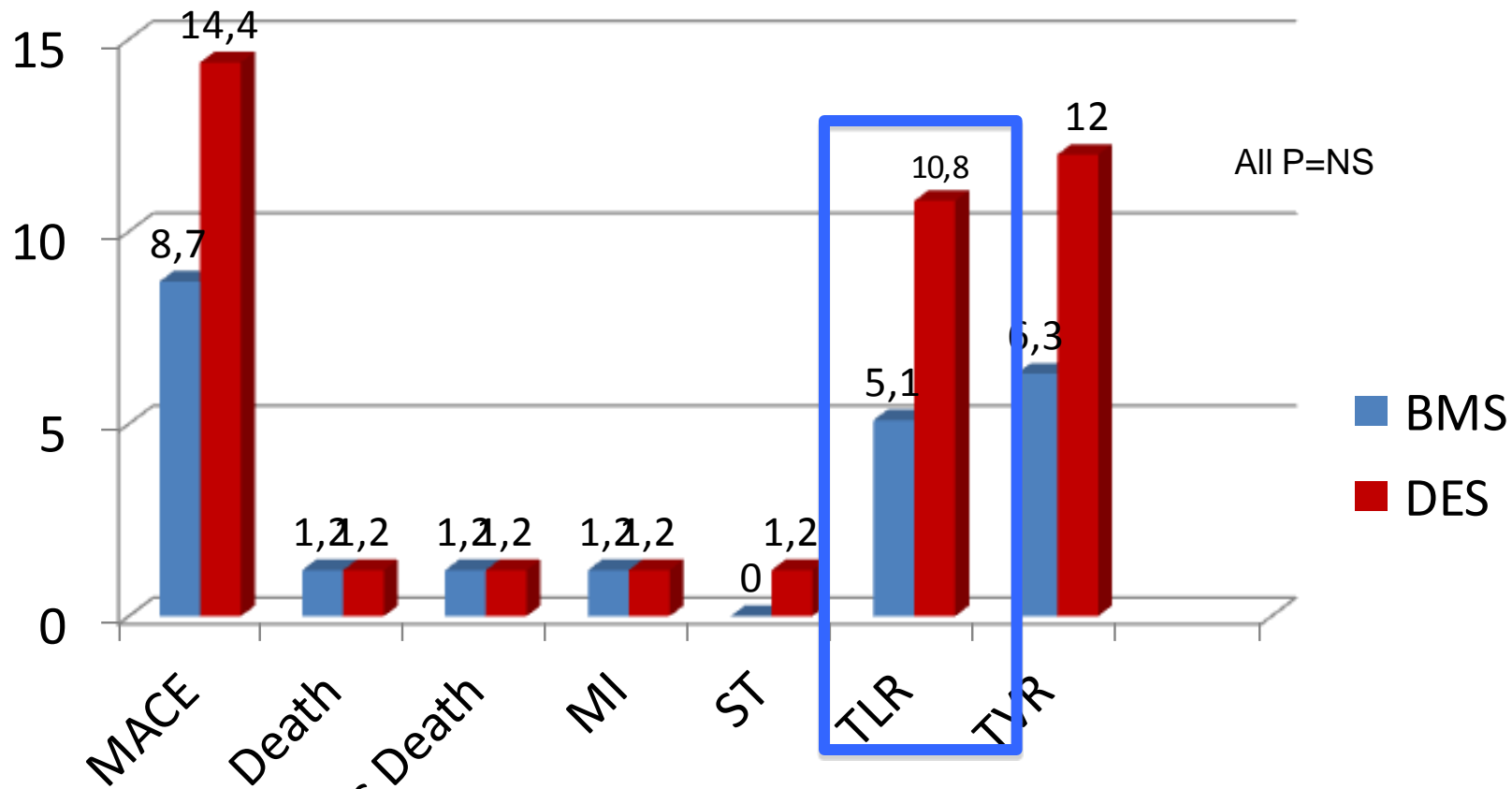
Baseline ISR Lesion Characteristics

	BMS N=168 lesions N=157 patients	DES N=86 lesions N=83 patients	p
Number of lesion per patient	1.1± 0.3	1.0± 0.2	0.244
Pre Diameter Stenosis (visual estimate)	80 ± 13%	82 ± 16%	0.307
RCA	22.0%	27.9%	0.299
LAD	53.0%	46.5%	0.329
LCx	25.0%	25.6%	0.920
Lesion Location			
Ostial	4.8%	2.3%	0.502
Proximal	42.5%	38.4%	0.526
Bifurcation	3.0%	1.2%	0.667
Pattern of Restenosis			
Focal	16.4%	27.5%	0.041
10 to 20 mm	23.0%	21.3%	0.754
Diffuse	44.2%	35.0%	0.168
Proliferative	4.2%	2.5%	0.722
Occlusive or Multi-focal	12.7%	18.8%	0.841

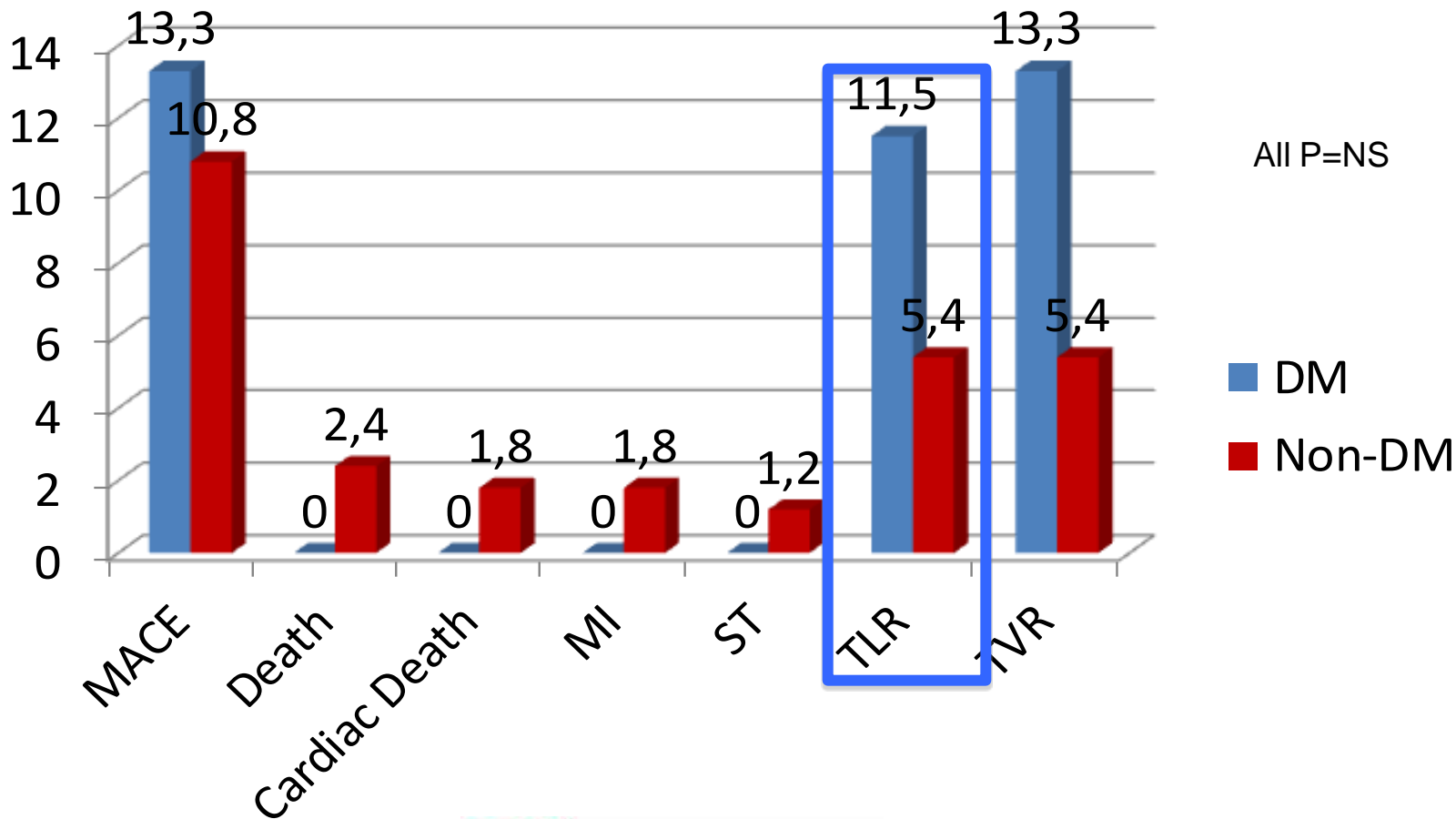
BMS vs. DES: DEB Procedure Details

	BMS N=168 lesions	DES N= 86 lesions	p
Balloons per lesion	1.0 ± 0.3	1.1 ± 0.3	0.106
Balloon Diameter (mm)	2.9 ± 0.4	3.0 ± 0.4	0.408
Balloon Covered Length (mm)	23.6 ± 7.6	25.1± 11.8	0.317
Number of inflations	1.5 ± 0.9	1.6 ± 0.9	0.570
Maximum Inflation Pressure (atm)	12.7 ± 3.6	12.5 ± 3.8	0.724
Total Balloon Inflation time (seconds)	63.2 ± 34.3	73.0 ± 46.9	0.089
Device related complications	1.2%	0	0.550

Results: BMS vs. DES: Follow-up (8 Months)



Results: Diabetes vs. no Diabetes: Follow-up (8 Months)



Summary:

- The VALENTINE-I Trial is the largest study with a DEB in patients with in-stent restenosis (BMS & DES), in a “real world” multi center all comers setting.
- Increased efficiency by predefined enrollment **AND** outcome time
- External monitoring of 56% is exceptionally high for registry.
- The follow-up rate of 98% was also very high for registry.
- In these patients with appr. one third diabetes and over 50% long and diffuse ISR, we found a very low overall clinical restenosis rate (TLR after 8 months: 7.4%, TVR: 8,6%).



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Vester	Bula	Finsterer	Moncada	Deshpande
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